

THINGS TO DO ON SABBATH

1. Plan something special for the children.
2. Hikes
3. Rides
4. When guests are invited, include a family with children as well as a family without children.
5. Sing songs around the piano.
6. Play quiet games .
7. Play Bible charades.
8. Listen to Bible Story records .
9. Spend time with children and grandchildren either Friday night or Sabbath afternoon.
10. Candle light dinner on Friday evening.
11. Visit with friends.
12. Visit with the confined.
13. Picnic with friends.
14. Go camping.
15. Bike rides in the country .
16. Play Bible games.
17. Read a good book .
18. Drive on the Parkway.
19. Study Sabbath School Lesson .
20. Bird watch , binoculars and field guide.
21. Go for nature walks.
22. Learn the names of new plants, flowers, trees, bugs, (magnifying glass and field guides helpful).
23. Visit the Sandburg home - goats and trails .
24. Stay home and talk with the family.
25. Special toys for children on Sabbath
26. Felt sets for children to play with on rainy days. Sabbaths., or sued-o-graph sets
27. Special meal
28. Collect leaves or pine cones .
29. Take a walk along a creek or river.
30. Write out a parable.
31. Act out and tape record a Bible story .
32. Have a Bible times picnic, use Arabic, Greek, or Palestinian food.
33. Be together with your family .
34. Pick wild flowers and press them.
35. Take flowers to a friend .
36. Encourage a friend who is discouraged.
37. Do a puzzle of a nature scene.
38. Memorize a text or short chapter.
39. Write a letter to God.
40. Write a letter to a friend.
79. Write a note of appreciation to a teacher or pastor or Pathfinder worker.
80. Make leaf prints.
81. Go rock hunting.
82. Look in the Review and find on the globe places where missionaries have gone.
83. Work on progressive classwork appropriate for Sabbath.
41. Have a Christian scavenger hunt.
42. Make a list of "thank yous" to God.
43. Visit a zoo .
44. Read a story.
45. Read a Christian magazine.
46. Take pictures of flowers, trees, birds, or animals.
47. Stop and think, meditate.
48. Take your lunch and go to the park.
49. Go to a branch Sabbath school.
50. Visit a nursing home.
51. Visit someone in the hospital.
52. Make up a tune for a Bible text.
53. Read the Junior Guide, or Insight.
54. Plan a family worship for your family .
55. Play the piano, ukulele, guitar, or whatever .
56. Have a puppet show with homemade Bible people .
57. Write a poem.
58. Pick a topic, see what the Bible has to say about it.
59. Do the same with Mrs. White's books, using the index.
60. Make a Bible acrostic
61. Pray for someone you don't really like.
62. Rewrite a Bible text in your own words.
63. Write down the ways God has helped you.
64. Write a little booklet on love of Jesus and illustrate it.
65. Share it with someone.
66. Measure out one square foot of ground - make a list of the items you find in the square.
67. Drive down a country road, identify smells.
68. Take a walk in the rain.
69. Hike in the mountains.
70. Hike by a lake.
71. Go to vespers or an afternoon meeting.
72. Pass out TV or radio program ads or logs.
73. Listen to a story or music records or tapes.
74. Distribute religious magazines or books.
75. Take a plant to a sick person.
76. Draw some animal pictures or nature scenes.
77. Send a card to a friend, an elderly person, or an ill person.
85. Go to a campmeeting.
86. Feed the ducks at a park.
87. Build Solomon's Temple in the sand.
88. Make plaster of paris prints of animal tracks.
89. Have somebody home to share dinner with.
90. Have sundown worship outside, near a lake, in the mountains, etc., repeating the 4th commandment.